

## **RUSSELL ARENA RULES – JANUARY 2022**

- Every team **MUST** have a **Safety Person**, who is stationed at the Arena Front door and checks Health Checks and Spectator Forms.

### RMHA Participants

- Players are to arrive no earlier than 30 minutes before their scheduled ice times.
- **HEALTH CHECK on Team Snap is completed the day of your ice time.**
- Bring your own equipment and do not share your personal items (e.g. water bottle, towels). Water bottles can be re-filled at the arena
- Every player entering the arena **WEARS A MASK** that is only to be taken off when the leader prompts and helmet goes on. Masks will be put back on as soon as helmets are taken off. If participant does not have a mask, they cannot enter the facility
- Players enter through the main entrance and go to the dressing rooms, when leaving players will exit at the doors nearest the public washrooms and not return through the main lobby.
- Dressing rooms are limited to Players, Coaches, Managers and Team Designated Volunteers (that will help with younger age groups).
- Players must remain in dressing rooms until the Leader (Coach) leads them onto the ice.
- After your ice time, Players are asked to leave the dressing room within 20 minutes of getting off the ice.

### RMHA Spectators

- **RMHA Spectator Form** questions are to be done by using the QR code at the rink or on the website and must be answered on the day of the participant's ice time. This must be done before **EVERY** ice time, if not completed participant **CANNOT** enter the facility.
- Masks must be worn at **ALL** times.
- Spectators are allowed to enter the Arena 5 minutes before their ice times.
- Spectators are not allowed to linger in the Lobby. Please head to the stands immediately.
- **No food or drink** is allowed in the stands.
- Spectators can only return to the lobby to use the washrooms.
- Spectators must exit the arena immediately after the ice session through the dedicated exit door on the side of the arena.

As the situation with the pandemic continues to evolve, RMHA will be required to adapt as restrictions are eased or tightened. In the meantime, we ask for your patience and we hope you will all follow the guidelines in an effort to return to hockey as safely as possible.